1: Meek E, G-5 (1925-1930) 1931
FF38 Katab FF38

551 576 604 Many Katab appear to use the personal name of the father's sister, a custom which would be regarded as shocking by many other tribes. The reason given was that she lives at a distance, and also that the speaker may one day stand to her in the relation of guardian, i.e. he may have the disposal of her hand in marriage. Otherwise, however, a man has little claim on his father's sister's household, and cannot exercise the privileges there which he can in the house of his mother's brother.

551 576 607 Though a woman may be inherited by her husband's elder brother she may not address him by his personal name, for if he is not actually the head of the family he is so potentially. But he may address her by her personal name. Per contra, it was stated that a man may use the personal name of his wife's elder brother.

604 *Mother-right.*—The traditions of the Katab connect them with a locality (viz. Kahugu) where there is to-day at least one mother-right tribe, and it is interesting, therefore, to note here any customs which might suggest that the tribe in former times belonged to a mother-right group. But it is not suggested that the following data necessarily imply a former condition of mother-right, for it is possible that customs which are commonly assumed to point to mother-right conditions are capable of explanation in other ways. We have seen that, although the mother's brother has a special title, he is nevertheless classed as 604 *atio* or father. This is natural, for we have already said that if ●753 a Katab falls ill he usually goes and lives with his mother's 574 relatives. Why? There is a ready explanation. Sickness is commonly attributed to witchcraft or the machination of persons [754] who are evilly disposed. By removing yourself from the locality you are removing yourself from local poisonous influences which are often ascribed to the activity of jealous half-brothers or their mothers. And so we find the custom, which is common among both pagan and Muslim tribes, of a sick man taking refuge with his mother's family. The uterine nephew is, in fact, the object 604 of special care all through his career on the part of his uncle, who is a kind of second father or "male mother".[1] He not infrequently goes to live with his mother's brother if the latter has no one to help him on his farm, and in such a case would,

[1] Among many Nigerian tribes a person will say that his maternal uncle "bore" him.

1: Meek E, G-5 (1925-1930) 1931
FF38 Katab FF38

for the withdrawal of the curse and putting some ashes on his tongue and spitting them out. M. Junod describes an exactly similar rite of reconciliation among the Bantu-speaking Thonga of South Africa.[1]

As regards the future life and psychological beliefs, the Katab's ideas are, like our own, of an indeterminate character. For the abode of the dead he uses the Muslim term "Lahira", and he believes that the majority of the spirits of the dead are content to remain there. One who has done evil in his lifetime will be punished in "Lahira" by the ancestral spirits. It is the discontented and evil spirits that return to the world to trouble men. The Katab does not appear to have any conception of a multiple soul. The breath and shadow are associated with the soul. If anyone falls ill it is because the soul has left the body temporarily. His soul leaves his body when he goes to sleep, and it is the re-entry of the soul which causes him to dream. During the day the soul may become partially dissociated and follow him about, and for this reason a man will sometimes turn quickly on the road, thinking there is someone at his back. The soul of a witch can be seen at night giving off fire. There does not appear to be any conception of a bush soul, but the souls of certain animals are believed to be able to enter a man's body. Thus if a hunter kills a roan he immediately fumigates himself and his house with some smoking medicine. The soul of a dead enemy must also be warded off by rites to be described later.

Reincarnation ideas are not prominent, but in certain cases the dead are believed to be reborn. Thus the posthumous child of a hunter who was killed in the bush may be the hunter himself reborn, and the mark of the shot which killed him may be seen in the child's leg. A man who had met a violent death may be born again as the son of his remarried widow, bearing on his body the mark of the wound which had caused his death. These beliefs appear to be based on well-known physiological facts. It is of interest to note that if a widow (or widower) dies, she (or he) is met on the other side by the soul of her (or his) first husband (or wife), i.e. it is a man's first wife who is regarded as his true wife.

Associated apparently with the private ancestral cult is the

[1] *The Life of a South African Tribe*, vol. ii, p. 371.

1: Meek E, G-5 (1925-1930) 1931
FF38 Katab FF38

727 The chief enemies of the Katab were the Kaje. But an agreement was finally reached between them that all heads taken should be returned. The mode of concluding peace between two tribes 728 was for two elders from each side to meet on the boundary, each with a human head taken from the other side. The two 793 heads were then buried together. The Magajin Elenowum was not merely the custodian of human heads, but of the heads of all 224 large animals killed by hunters. All quarry had to be brought to him and was cooked by him and distributed to the various families in proportion to their numbers. The term "elenowum" seems to mean "The boiler of Pots", and to have reference to his functions as the cook and distributor of game. It may be noted that, when anyone killed a leopard, rites somewhat similar to the head-hunting rites were performed. A feast was held, and the slayer had to receive protective medicines and sleep in the hut of the priest (Elenowum or Magajin Elenowum).

793 The Elenowum played a considerable part in the social life of the village. His person was sacrosanct, and in cases of disputes or ill-behaviour he would interfere, threatening with his curse those who refused to follow his advice. He could fine summarily anyone who committed an offence against religion, such as cutting down a tree in the sacred grove.

527 The Katab do not appear to have any rest day, but Sunday is in some respects regarded as a special day. The Katab Chief is installed on a Sunday, funeral feasts are begun on a Sunday, and Sunday is considered the best day for collecting medicines. [823] Among the Kachichere a chief on appointment has to go into seclusion for seven days, beginning on a Sunday. One of the Kagoro hills was said to emit fire in bygone days every Friday and Sunday. The sacred character of Sunday among many Nigerian tribes does not appear to be due to any recent European 778 influence. The sign of the cross is also common. The principal *obwai* hut of the Morwa has a black cross painted on the lintel of the door. The Chawai smear red crosses on certain of their sacred rocks, and it was said that the sign of the cross was 769 always smeared on the captured head of an enemy. It is interesting 782 to note that among the Chawai also a man who feels himself to be unlucky sacrifices a goat at the house of his dead father or grandfather and smears the blood on the lintel of the door.

753 754 *Medicine and Diseases.*—Illnesses and premature death are

1: Meek E, G-5 (1925-1930) 1931
FF38 Katab FF38

ascribed to witchcraft, and those who die of smallpox are believed to have been witches. Indeed, if a man is assailed by small-pox a bundle of grass is brought to him and he is asked to count out the number of those whom he has devoured. A full confession may save his life, but if he dies his guilt is proved, and his body is taken out of the hut by a hole made in the wall, his eyes are pierced (so that his disembodied spirit may never again be able to see anyone on whom he may fix his spells), and his corpse is buried without ceremony and without the customary lamentations. Most towns have their own leech (*obo*). The patient pays the cost of the medicine, and if he recovers bestows a gift on the leech. Cupping is practised in cases of fever; also inoculation for small-pox, the fluid being taken from the pustules of a man suffering from a mild attack and transfused into the blood of a healthy man, by means of a scratch made with a razor. For toothache wild olive oil is placed in the hollow of the decayed tooth. A red hot arrow is then inserted, and the tooth is split into pieces, which are extracted one by one. The Katab do not follow the Hausa custom of slitting the gums of a child. But the uvula is snipped off on naming day with the object of preventing attacks of quinsy or tonsilitis.

Death.—On the occurrence of death the women of the household give way to tears and lamentation, and men may also be seen weeping. All relatives are immediately informed, and messengers are dispatched to summon distant relatives such as the married sister of the deceased. The death of a chief (by chief is meant civil and not religious chief) is, however, kept secret for a period of seven days, none but the closest senior relatives, the grave-diggers, and the priests of Elenowum and Obwai being informed. Interment follows as soon as possible—in the evening if the deceased had died in the morning, in the morning if he had died during the previous evening. But a chief is always buried at night, for no one but those whose duty it is to bury him may look on his corpse. The body, covered with a cloth jumper, is wrapped in a mat of plaited palm fronds. (But a chief is buried in a gown.) Burial is, for commoners and chief, in the compound, and a fresh grave is used for each body. Old men and chiefs are buried underneath the entrance hut of the compound. Those who die of smallpox are denied burial rites, the corpse being wrapped in a mat and deposited in the bush.

587 Secondary affinal marriage occurs: a man may inherit widows of his grandfather, father and brother, but only when these are young women and do not have adult lineal descendants with whom they can live.[36a]

595 Seniority is important among women of the compound, as among men, but how seniority is determined, in view of the complexities arising through the institution of secondary marriage, is not clear.[37] A husband spends two nights with [264] each of his wives in turn, in his own hut, if he has one. Men and women eat in separate groups, the women always in or before the hut of the chief wife. If 602 there is a tendency towards friction between successive generations, relations between alternate generations are characterized by a degree of cordiality. According to Meek, relations between and among siblings reflect a similar convention: on the whole, alternate children are closer and take greater pleasure in one another's company than successive children.

Death and Burial

● 753 Meek's statement that "illnesses and premature deaths are ascribed to witchcraft, and those who die of smallpox are believed to have been witches," is not apparently meant to be taken literally.[38] Without exception treatments for illness 757 described by Meek appear to have no element of magic about them: there is even "inoculation for smallpox, the fluid being taken from the pustules of a man suffering from a mild attack, and transfused into the blood of a healthy man by means of a scratch made with a razor," which, though it differs from current European medical procedure, is not alleged to be a witch-finding ordeal.

764 Interment generally follows death within 12 to 18 hours, though the burial of a civil chief, whose death is kept secret for seven days, may be delayed for 24 hours 766 if necessary to comply with the rule that a chief must be buried under cover of night. The body of a commoner is clothed in the short Hausa-Fulani gown (*tobe*), that of a chief in a robe (*riga*), and finally wrapped in an ordinary mat of palm-fibre. Burial is generally in the home-compound; old men and chiefs are buried beneath the entrance-hut. The grave is described as decanter-shaped, about 6 ft. deep. If the deceased has been a man of importance, a stone is set up on the grave to mark the site for his descendants who may wish to make offerings to their dead ancestor (see *Religious Beliefs and Practices*, below).

When burial—presided over by the *magajin elenowum*—is complete, horns are sounded (if the deceased had reached a respectable age), beer is drunk, and a feast may follow. In the case of a chief, his immediate relatives are "officially" informed of his death—and burial—a week later, but public announcement is not made for perhaps a month, when a general feast is held. According to Meek, however, "the real funeral feast" will not be held until the dry season (presumably delayed only in case of death in the rains): this lasts for two days, during which the senior male relatives go to the *obwai* hut, then come forth and join in a general dance.

765 Regarding mourning, Meek says that a widow allows her hair to grow long, refrains from washing and smears her body daily with ochre for one or two months. At the end of this period she is shaved and washed in the river by female relatives. Though men themselves do not make a display of mourning, a woman mourns in

[36a] A woman may choose, apparently, whether she will be inherited by her husband's son or grandson.

[37] The wives of any man rank according to the length of time they have been his wives; but it is not stated whether a wife loses seniority by absence (as the secondary wife of another man), whether a secondary wife ever out-ranks a primary wife, or how the wives of males of varying rank in the compound are ranked (whether, for example, the senior wife of the senior male, or compound head, is inevitably the senior woman of the compound, even though she may be very junior from the point of view of actual residence). It is made clear only that the age of the women does not enter into calculation of their rank.

[38] Meek's qualification of this statement appears in an earlier section of his account of Katab, where he notes that the Katab "does not surround himself with amulets and talismans" nor live in constant dread of evil spirits.